

# POLICIES AND RULES

## **Rider Conduct**

Riders should remember at all times that they are representatives of their sponsors and the race's sponsors and conduct themselves appropriately. The City of Laredo and its rural area, local residents are not used to large numbers of cyclists. Traffic rules are to be obeyed at all times. All roads are open to traffic. Ride as safely and courteously as possible and obstruct traffic as little as possible.

Riders will wear approved safety helmets at all times when riding, including warm-up, for the entire duration of the race. Riders are strongly encouraged to wear a helmet at all times when riding in the City area. Riders will be courteous to the many volunteers who are donating their time and effort to allow this race to happen.

## **Special Rules**

1. This race is held under USA Cycling rules, However it's a FUN RACE
2. FIELD LIMIT is 200 riders. The Promoter reserves the right to combine categories and alter the prize list.
3. UCI bike regulations apply to UCI Men and UCI Women.
4. USAC rules apply.
5. AWARDS: for all races will be handed out on Sunday at finish line tent (right side). Awards not picked up will be mailed to the rider, using the rider's address given on official entry form.

## 6. RACE NUMBERS:

Only the race numbers provided by the race committee may be worn. Numbers may not be folded or trimmed.

Worn as shown:

(right side)



Placed on the right middle back of the jersey.

7. HELMETS must be worn and securely fastened at all times while on the bicycle from registration through the awards ceremony.
8. URINATING: Please do not urinate from your bike within any spectators' view.
9. TIMING: Race is timed, you are allowed to protest at a reasonable time period. Once the final time is posted you will not be able to protest.
10. TRAFFIC CONTROL:  
Generally the lead rider(s) and main pack will be directed through intersections. Riders dropped by the main field should be alert, and ready to obey traffic rules.
11. CENTERLINE rule will be enforced. If no painted centerline marking exists, riders must keep to the right side of the road at all times, because the majority of the roads are open to vehicular traffic.
12. LITTERING will be punished by a \$500 fine and maybe disqualified. Riders may only discard water bottles and other materials in the feed zones, "feed zones" marked by signs.
13. DRAFTING – Women can NOT draft on a Men category or any other category. You can be disqualified by car referee.  
All categories must yield to group over taking slower category, slower category may not latch to the overtaking category.
14. DRAFTING – No vehicle drafting or holding from a vehicle. No advancing with the use of a motor vehicle or us maybe immediately disqualified.
15. EAR DEVICES- No devices that will obstruct hearing (example MP3 music, Cellular Bluetooth)
16. CATEGORIES – All same gender
17. No aerobars or TT Bikes
18. No support vehicle can give water during race, only at water stations. Rider can be disqualified by Car Referee.
19. A rider support car can't be in between the riders and the Official Support car referee for safety reasons.